

Countryside Community Club

Newsletter

May - June - July 2016

Zumba - Yoga - Meditation

Countryside is now offering classes in Yin Yoga, Zumba and Meditation. The class fee is \$40 for ten classes or \$5.00 per class. You can use the \$40 for Yoga, Zumba or Meditation and you will have up to three months to take the ten classes.

Class Schedule

Monday - Yoga	9:00AM to 10:00AM
Thursday - Zumba	6:00PM to 7:00PM
Friday - Yoga	9:00AM to 10:00AM
Friday - Meditation	10:15AM to 11:15AM
Saturday - Zumba	9:00 AM to 10:00AM

Zumba

Zumba Fitness is a Latin-inspired, cardio-dance workout that uses music and choreographed steps to form a fitness party atmosphere. While many of the types of dance and music featured are Latin American inspired, classes can also contain everything from jazz to African beats to country to hip-hop and pop.

Yin Yoga and the body

Yin Yoga works on the Yin tissues, also known as the connective tissues. Connective tissue responds best to a slow, steady load. Yin Yoga poses are held for around 5 minutes in a class. If you gently stretch connective tissue by holding a yin pose for a long time in this way, the body will respond by making them a little longer and stronger, which is exactly what you want. Remember the principle of exercise is to stress the tissue so the body will respond by strengthening it.

Meditation

In our fast-paced society, we often find ourselves rushing through our daily routine, rarely stopping to think. Briefly put, meditation is stopping to think! A daily meditation practice will lower your cortisol levels, increase your energy and enhance your memory.

Swim Lessons Start Monday, June 6th

Sessions

Session 1:	June 6 - June 17
Session 2:	June 20 - July 1
Session 3:	July 4 - July 15
Session 4:	July 18 - July 29

Class Times

Level I:	10:30 to 11:00
Level II:	11:15 to 11:45
Level III:	12:00 to 12:30
Level IV:	12:45 to 1:15
Level V:	1:30 to 2:00
Level VI:	2:15 to 2:45

Registration is on-going.

Register and pay fees in the front office.

Cost \$25.00 per two-week session



Jewelry Workshop

This beginners class teaches all the basic techniques of beading and jewelry making to create earrings, necklaces and more.

CLASS SCHEDULE

Sunday, May 29th 3:00 to 5:00PM
Sunday, June 12th 3:00 to 5:00PM

Class Fee: \$20 - Includes all supplies Call the Countryside office to register 744-4614

COUNTRYSIDE FITNESS ROOM

Countryside offers its members a Fitness Room that has it all, weights, strength training equipment, cardiovascular equipment; treadmill, elliptical, recumbence bike.

You can enjoy your workout in a clean, comfortable, close-to-home gym with everything you need to get a full and complete workout.

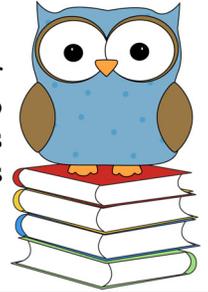
Those between the ages of 14 and 17 must have a physician's approval form filled out. (available online). A parent or legal guardian must be present for the orientation class (class fee is \$20). Once certified the minor can use the fitness room as long as they are with an adult over the age of 18 that have signed the release form. *The fitness room is for members only, no guests allowed.*

Start today to improve your quality of life!

BOOKS

There are books located in the Recreation Room to be enjoyed by our members. You do not need to bring books in to be able to take any out.

Thank you members for continuing to donate books to make this possible.



Red Hatters

The Red Hatters will not meet for Lunch in

June or July, but will resume in August.

If you are interested in joining the Countryside Red Hatters or would like more information, give Jean a call at 579-7023.



Sports equipment is available in the front office for members to check out while spending time at Countryside.

Equipment includes: Tennis and racquetball rackets and balls, basketballs, baseball bats, softballs, soccer ball, volleyball, footballs and horseshoes

Club policy regarding minors: Children under the age of 10 must be accompanied by a person 18 years of age or older. Children 10-17 can bring up to two (2) guests to the club if they have a written parental consent form on file and a parent/guardian has granted permission to do so. Guests 10 to 17 must also have a parental consent form on file and can only come to the Center with a member.

Be sure to check our website at cccanews.com for the most current information during the summer months.

GRAFFITI

Call Pima County's *Taking Action Against Graffiti* program at 792-TAAG (8224) to report graffiti and to get assistance with removal.



In order to verify membership at Countryside we are requesting all members to have their photograph taken. It is important that all family members of each homeowner come to the office of the club to be photographed. You must accompany your child, and provide the staff with at least one form of identification. You will then be "logged" into the computer photo system. Our goal is to provide a safe and secure environment for everyone in our community. If you have any questions, please call the office at 744-2403.

PIMA COUNTY Here are a few reminders for dog owners who live in Pima County:

When taking a walk, your dog must be on a leash no longer than six feet in length. Any dog three months of age, or older, must have a current Pima County license and be vaccinated against rabies. Dog owners must remove animal waste immediately. On private property, waste must be cleaned up within 72 hours.

LEASH LAW: Your dog must be kept in an enclosed yard when on your property. Tie-outs are prohibited. Your dog cannot be off your property unless restrained by a leash. The penalty is a class 2 misdemeanor and can include a fine of between \$100 and \$750.

PET NOISE: Excessive noise from animals is a civil violation. There is a complaint process for noise through Pima County. You may register a complaint about animal noise by calling Pima Animal Care Enforcement at 520-243-5900 or www.pimaanimalcare.org.



Board of Directors Meeting Recap

APRIL: The meeting was called to order at 7:00PM on April 21, 2016 in the Countryside Recreation Room. The meeting minutes and the Treasurer's Report from March 2016 were reviewed and approved by the Board. Each Board member received a copy of the April collection report from attorney Phil Brown. An estimated \$11,000 was collected in March from delinquent accounts. Bids for the tennis and basketball courts were reviewed. An update on court replacement will be presented at the May Board meeting. The pool fence replacement and repairs bids were reviewed. More information is needed about the bids before a decision can be made. The pool fence was tabled until May. A motion to use funds from the reserve account for a new spa motor and cover was approved. The General Manager reported that there is still a problem with ground squirrels on the property. Pima Country will hold a special election in the recreation room on May 17th. There were over 135 members who attended the Easter Egg Hunt on March 26th. The Board will review accounting bids for next year. Playground proposals will be presented at the May meeting. The General Manager will look into installing a drinking fountain by the racquetball courts.

May: The meeting was called to order at 7:00PM on May 10, 2016 in the Countryside Recreation Room. The meeting minutes and the Treasurer's report from April 2016 were reviewed and approved by the Board. The collection report from attorney Phil Brown was reviewed. The Board discussed the bids for replacing the basketball with a concrete court. The General Manager will get one more bid using the post tension method. The Board approved the bid from Echo Construction to do the repairs on the pool fence. The General Manager reported that all lifeguards and the swim instructor were hired for the summer season. Summer hours will start on May 23rd. More chaise lounges will be purchased for the pool area. The annual fire inspection report requires that one of the recreation room doors be equipped with a panic and fire exit hardware. The playground equipment bids will be discussed in June.

The Countryside Community Club Board of Director meetings are held the second Tuesday of each month at 7:00PM in the recreation room. All members are welcome to attend. Members wishing to address the Board need to submit request in writing five days prior to the meeting. This way the board has ample time to put you on the meeting agenda.

Board of Directors 2016

Frank Cermak-President
 Dan Ligocki-Vice President
 John Glavin-Secretary
 Michael Brandon-Treasurer
 Duane Wilson-Liaison

CCCA Board Meeting Dates 2016

June 14	October 11th
July 12th	November 8th
August 9th	December 13th
September 13th	

Countryside offers a wireless internet connection to its members. Bring your Wi-Fi equipped electronic device to the Center and sit out by the pool. Before getting started you will first need to ask management for the password. Members must be 18 to use the Wi-Fi.

Rezoning of Camino de Oeste

A neighborhood meeting was held on April 21st at DeGrazia Elementary School, 5051 W. Overton Road, Marana, Arizona by Norris Design. The purpose of this meeting was to provide an overview of the rezoning application. The development team presented information about the proposed planned Pulte community of 145 homes, which would involve 72 acres east of Hartman Lane and west of Camino de Oeste, south of Hardy Wash and a quarter mile north of Cortaro Farms Road. The Norris Design development team presented information about the proposed conceptual land use plan and listen to input from the community. The next step is to go before the planning and zoning board in Marana on June 29th.

If you would like more information about the rezoning, ask any questions or attend future meetings contact sweaks@norris-design.com or call 520-622-9565.

Planning on having a party?

One of the benefits of belonging to Countryside Community Club is being able to use the facilities for parties. Reservations for the facilities you wish to use are scheduled on a first come first served basis. Parties must be scheduled at least 48 hours in advance and not more than one year in advance. When you book a party, you will need to fill out our "registration form." You can download this form from our website, cccanews.com. A refundable cleaning/security deposit of \$100 is required. There will be a non-refundable guest fee for the use of the recreation room or the pool. The cleaning/security deposit and guest fee are due at time of booking party. The amount of the guest fee is based on the size of your party. Only an adult member may book a party. Parties are limited to 50 people during June 1st to August 31st and 80 people from September 1st to May 31st. Pool parties will be limited to 50 people. Pool parties of 1-25 people will not require an extra lifeguard if two lifeguards are on duty. If the party exceeds 25 people, the member must pay for an additional lifeguard or provide their own certified lifeguard. If you have any questions about having a party at the Center give us a call at 744-2403.

Although ads appear in the publication, Countryside Community Club neither researches, nor endorses, the goods and services being offered.

Trophy Landscaping



All Yard Work and Hauling - Palm Tree Trimming
Tree Removal & Replacement

Irrigation Installation and Repairs
Weed Control

Countryside Residents get our special Discount

JIM SEAY, Owner: 520-250-1094

Association Dues and Late fees

Your monthly payment of \$40 is due on the first day of each month and becomes past due on the first day of the following month. When an account is past due \$40.00 or more, a late fee of \$15.00 per month will be added to the account.

For account information call
Patricia McCaffery at 624-1206 Ext. 312.

Mailing address for monthly dues:

Countryside Community Club

Bank of Omaha

PO Box 52964

Phoenix, AZ 85072-2964

Countryside HOA Information

Countryside Heights HOA

ADAM (624-1206)

Countryside Villas HOA

Cadden Community Management 297-0797

Countryside Valley HOA

www.countrysidevalleyhoa.com (292-5454)

Countryside Terrace HOA

CCCA (744-4614)

General Manager 744-4614

Classes and Programs 744-2403

Account Information 624-1206 Ext. 312

Email: countrysidemanager@gmail.com

Website: www.cccanews.com

The pool is open year round

The pool temperature is currently 80 degrees

Club Hours

NEW HOURS STARTING MAY 23RD

Monday - Friday 7:00AM to 10:00PM

Saturday 9:00AM to 10:00PM

Sunday 9:00AM to 9:00PM