



Countryside Community Club Newsletter

February - April 2017

Annual Meeting Election Results

The Annual meeting of the members was held on Tuesday, January 10, 2017 at 7:30PM in the Countryside Community Club Recreation Room. All Board members were present. A quorum of 25% of members present or by absentee ballot was established. A motion to accept revenue ruling 70-604 regarding excess income was approved. The Annual Meeting minutes from January 12, 2016 was approved. Mr. Cermak submitted the candidates and no additional nominations were made from the floor. **John Glavin, Dan Ligocki and Duane Wilson** are elected for a two year term to serve on the Board of Directors. They will join Frank Cermak and Michael Brandon. The nominating committee for next years election is announced. The meeting was adjourned at 8:00PM.

The next monthly meeting will be held the Tuesday following Valentine's Day, February 21st at 7:00PM. We hope you will attend.

Monthly dues and late fees: There will be **no increase in monthly dues or late fees for 2017** Assessments will continue at \$40 per month and late fees at \$15 per month. Although the cost of doing business continues to increase each year the Board of CCCA is pleased to be able to keep monthly dues at \$40 and report to the members that the financial outlook for the Center is secure.

Yin Yoga

Increase flexibility and range of motion. Keeps your skin looking good. Release toxins and waste from the body.

Yin yoga is a slow-paced style of yoga with postures that are held for longer periods of time. Yin yoga poses apply moderate stress to the connective tissues of the body, the tendons, fascia, and ligaments, with the aim of increasing circulation in the joints and improving flexibility. A more meditative approach to yoga, yin aims at cultivating awareness of inner silence, and bringing to light a universal, interconnecting quality.

MONDAY MORNING
9:00AM to 10:00AM

WEDNESDAY EVENING
6:00PM to 7:00PM

In the Countryside Recreation Room

Class fee is \$5 per class or \$40 for 10 classes.

Instructor: Kiersten 520-338-1828

Give it a try to see if you like it.

Over 15 million Americans do Yoga



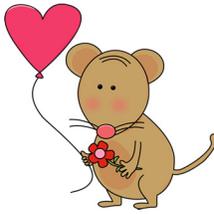
Try it for yourself and see why
Coupon Good
For One Free Yin Yoga Class
At
Countryside Community Club

In order to verify membership at Countryside we are requesting all members have their photograph taken. It is important that all family members of each homeowner come to the CCCA office to be photographed. You must accompany your child, and provide the staff with at least one form of identification. Our goal is to provide a safe and secure environment for everyone in our community.

CLUB HOURS Monday - Saturday 9:00AM to 9:00PM and Sunday 10:00AM to 8:00PM

Seniors Luncheon February 10th

Members of Countryside Community Club, who are over the age of 55, are invited to our Free St. Valentine's Day luncheon on **February 10th at 11:30AM.**



The menu will include pork roast, rosemary potatoes, salad, vegetables and dessert. We will need a minimum of 15 people to hold this luncheon.

Be sure to register five days in advance by calling 744-2403. If we do not have 15 members registered by *February 6th the luncheon will be canceled.*

March 10th Seniors Luncheon



In March we will have a free luncheon to celebrate St. Patrick's Day. Enjoy corned beef and cabbage, salad, rolls and dessert. Registration deadline is March 6th and a minimum of 15 people is required to hold this luncheon.

Please register today, you'll be glad you did.



Thursday Night

6:45PM to 7:45PM

The class fee is \$40 for 10 classes or \$5 per class. You can use the \$40 for Yin Yoga or Zumba and you will have up to three months to take the 10 classes.

Zumba involves dance and aerobic movements performed to energetic music. The choreography incorporates hip-hop, soca, samba, salsa, merengue and mambo.

Dance to great music, with great people, and burn a ton of calories without even realizing it, it's the perfect combination of fun and fitness.



Countryside Fitness Room

Countryside Community Club offers its members a Fitness Room that has it all, weights, strength training equipment, treadmills, elliptical, recumbence bikes.

Why is exercise Important?

Exercise is important to ensure that your body is strong and healthy enough to meet the challenges that you set for it. Exercise has a multitude of positive effects on your body, including:

- Improved heart and lung efficiency, reducing your chances of developing heart disease.
- Increased metabolic function, enabling you to maintain a healthy weight.
- Strong joints and muscles, so you can meet the demands of daily life.
- Maintenance of posture and flexibility, to keep you walking tall.
- Production of endorphins in your brain, promoting a sense of well being.
- There is also research emerging that indicates that exercise can increase brain function.

Those between the ages of 14 and 17 must have a physician's approval form filled out. (available online). A parent or legal guardian must be present for the orientation class (class fee is \$20). Minors that have been certified can use the fitness room as long as they are with an adult over the age of 18 who is certified or has signed the release form.

Note: The fitness room is for members only, no guest allowed.



Sports equipment is available in the front office for members to check out while spending time at Countryside

Equipment includes: Tennis and racquetball rackets and balls, basketballs, baseball bats, softballs, soccer balls, volleyballs, footballs and horseshoes

Board of Directors Meeting Recap

OCTOBER MINUTES: The meeting was called to order at 7:00PM on October 11, 2016 in the CCCA Recreation Room. The meeting minutes and the Treasurer's Report from September 2016 were reviewed and approved by the Board. Each Board member received a copy of the October collection report from attorney Phil Brown. A motion was approved to use funds from the reserve account "Tennis/basketball Courts" to pay Echo Construction \$4,315.87 for installing two new basketball backboards, hoops and nets and paint lines on the new concrete court. A motion was approved to use funds of \$338.46 from the reserve account "Outside Equipment" to purchase a new drinking fountain for the racquetball courts. The copier lease will end on January 10th and the Board will decide at the next Board meeting to lease or purchase a new copier. The collection policy will be sent to attorney Phil Brown to review and make recommendations. Mr. Brandon gave an update on the playground equipment. The Board President will meet with the General Manager to work on the 2017 budget. Meeting adjourned at 7:50PM.

NOVEMBER MINUTES: The meeting was called to order at 7:00PM on November 15, 2016 in the CCCA Recreation Room. The meeting minutes and the Treasurer's Report from October 2016 were reviewed and approved by the Board. Joe Dylewski, guest speaker from Edward Jones, provided a quarterly report to each Board member. The money market, CD's and government bonds were discussed. Each Board member received a collection report from attorney Phil Brown. A claim was submitted to collect delinquent assessments from excess proceeds from a foreclosed property. Echo Construction will paint lines on new court and install new basketball backboards in December. Additional funds of \$176.46 was approved for the new racquetball court drinking fountain. The General Manager attended a presentation by PB&J Law firm, topics included covenant enforcement and lien foreclosures. Mr. Brandon will meet with the representative of Recreation Design Concepts to discuss installation date and building permit. The draft of the 2017 budget was presented to the Board for review. Each Board member received a copy of the annual review report from Doug Holm CPA for year ending 2015. The Board approved a motion to purchase a new copier from Konica Minolta. The February Board meeting was changed to February 21, 2017 at 7:00PM. Meeting adjourned at 8:20PM.

DECEMBER MINUTES: The meeting was called to order at 7:00PM on December 13, 2016 in the CCCA Recreation Room. The meeting minutes and the Treasurer's Report from November 2016 were reviewed and approved by the Board. The Board received the collection report from PB&J. The new copier was received. The Board received a copy of the new collection policy from the attorney. A new dishwasher was purchased from Costco for \$580.79. The tree decorating party and the annual holiday party had good attendance. The notice of the annual meeting, payment coupons, absentee ballots, and budget were mailed to the members. The new playground will be installed next week. The Board approved the 2017 budget. The Board reviewed a letter and listened to a member regarding a problem she was having with her neighbor's solar panels.

JANUARY MINUTES: The meeting was called to order at 7:00PM on January 10, 2017 in the CCCA Recreation Room. The meeting minutes and the Treasurer's Report from December 2016 were reviewed and approved by the Board. The Board received the collection report from PB&J. The Board approved the new collection policy. Robert Studinger CPA will prepare the tax return for 2016 at the cost of \$1,300. A motion was approved to pay \$1,170.71 for additional sand for the new playground and \$650 to have the sand installed. The new nominating committee for the 2018 election will be John Glavin, Maria Durant and Karin Philips. The General Manager is obtaining information on how to repair the pool deck. The Board listened to a member regarding an unsightly structure on his street.

2017 Board of Directors

Frank Cermak-President
Dan Ligocki-Vice President
John Glavin-Secretary
Michael Brandon-Treasurer
Duane Wilson-Liaison

CCCA BOARD MEETING DATES

February 21st	March 14th	April 11th
May 9th	June 13th	July 11th
August 8th	September 12th	October 10th
November 14th	December 12th	

The CCCA Board of Director meetings are held the second Tuesday of each month at 7:00PM in the recreation room. All members are welcome to attend. Members wishing to address the Board need to submit request in writing five days prior to the meeting. This way the board has ample time to put you on the agenda.

Although ads appear in the publication, Countryside Community Club neither researches, nor endorses, the goods and services being offered.



WANTED:

Foster Parents

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Realtor

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I will help you sell your house in Countryside or find the new home that is perfect for you!



Holiday Party Pictures

Pictures taken with Santa at the holiday party are available in the front office. Stop by anytime to pick them up.

Association Dues and Late fees

Your monthly payment of \$40 is due on the first day of each month and becomes past due on the first day of the following month. When an account is past due \$40 or more, a late fee of \$15 per month will be added to the account. For account information call

Patricia McCaffery at 624-1206 Ext. 312.

Mailing address for monthly dues: Countryside Community Club

PO Box 52964

Phoenix, AZ 85072-2964

Club Hours

Monday - Saturday 9:00AM to 9:00PM

Sunday 10:00AM - 8:00PM

Countryside HOA Information

Countryside Heights HOA

ADAM (624-1206)

Countryside Villas HOA

Cadden Community Management 297-0797

Countryside Valley HOA

www.countrysidevalleyhoa.com (292-5454)

Countryside Terrace HOA

CCCA (744-4614)

General Manager 744-4614

Classes and Programs 744-2403

Account Information 624-1206 Ext. 312

Email: countrysidemanager@gmail.com

Website: www.cccanews.com

The CCCA Newsletter Is published quarterly and posted to the website for viewing. It will only be delivered when there is a Countryside annual event. Call 744-2403 or send us an email if you would like to receive the newsletter by email. It will always be available at the Countryside Community Club office.